

Shipping Instructions

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a main / Royal mail Post Office.
The shipping address is direct to the analysing lab at:

Medical Diagnosis Regenerus) Laboratories
Unit 12 Central Business Centre
Iron Bridge Close
Great Central Way
London
NW10 0UR

Blood test Instructions Female / Male Blood Panel



Enclosed: Check panel code against the following table to see what's included
Keep the box provided to return your sample in.

FEMALE BLOOD DRAW SHOULD BE BETWEEN DAYS 19-22 OF A 28 DAY CYCLE, UNLESS OTHERWISE INSTRUCTED BY YOUR PRACTITIONER.

	BP030 / 31
	2 x Gold Top SST
	1 x Aliquot
	1 x pipette
	1 x biohazard bag
	1 X security deal
	1 x Requisition form
Return Shipping Label	
Return Box (kit arrived in it)	

Patient Information

When?: Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

Preparation

- Fast for 12 hours before your blood test
- Do not stop any medications or supplements without checking with your health care professional beforehand.

Where?: You can choose any location you like to collect your blood, but some may require a "centrifuge" (see blood draw requirements opposite) on site as part of the blood separation process for partner sites that can help visit www.regeneruslabs.com.

See shipping instructions overleaf

Phlebotomist Instruction

Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

For BP030 & BP031 draw 2 x Gold Top SST tubes only.

For Gold SST samples, stand for 15 minutes before centrifuging until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed). For one Gold Top tube only remove the serum and pour off into the Aliquot tube.

- Sign and date requisition form

Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.
- For your convenience, please find enclosed a **Pre-Paid Shipping label**. Please attach to the outside of the shipping box.

For assistance call 0203 750 0870